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Manuscripts

Distribution and quantitative estimates of variant Creutzfeldt-Jakob disease prions in the tissues of clinical and asymptomatic patients

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Author summary line: A rapid in vitro assay shows that the distribution of vCJD prions in the tissues of clinical and asymptomatic patients is wider than previously thought

Running title: Variant CJD iatrogenic transmission risk

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26 **Abstract**

27 In the United-Kingdom about 1 in 2000 people could be infected with variant Creutzfeldt-
28 Jakob Disease (vCJD). The risk of transmission of vCJD by medical procedures therefore
29 remains a major concern for public health authorities.

30 In this study, we used *in vitro* amplification of prions by Protein Misfolding Cyclic
31 Amplification (PMCA) to estimate the distribution and the level of the vCJD agent in a range
32 of tissues (n=21) from four patients who died with clinical vCJD and from one asymptomatic
33 vCJD-infected individual.

34 Unexpectedly, PMCA demonstrated the presence of significant levels of vCJD prions in a
35 wide range of tissues, including liver, salivary gland, kidney, lung or bone marrow. Bioassays
36 confirmed that the quantitative estimate of vCJD prion accumulation levels provided by
37 PMCA are indicative of vCJD infectivity levels in tissues.

38 This work provides critical data for the design of rational measures aimed at minimising the
39 risk of iatrogenic transmission of vCJD.

40

41 Introduction

42 Prion diseases, or transmissible spongiform encephalopathies (TSEs), are fatal
43 neurodegenerative disorders that occur naturally in sheep (scrapie), cattle (bovine spongiform
44 encephalopathy - BSE), and humans (Creutzfeldt-Jakob disease - CJD). A key event in the
45 pathogenesis of TSEs is the conversion of the normal cellular prion protein (PrP^C, encoded by
46 *PRNP*) into an abnormal disease-associated isoform (PrP^{Sc}) in tissues of infected individuals.
47 PrP^C is completely degraded after controlled digestion with proteinase K (PK) in the presence
48 of non-denaturing detergents. In contrast, PrP^{Sc} is N-terminally truncated under the same
49 conditions, leaving a PK resistant core, termed PrP^{res} (1).

50 In 1996, a new form of CJD, termed variant CJD (vCJD) was identified in the UK, which is
51 believed to result from zoonotic transmission of the BSE agent, probably as a consequence of
52 dietary exposure to BSE-contaminated meat products (2, 3). The total number of clinical cases
53 of vCJD identified thus far is limited (227 patients worldwide at the time of writing).
54 However, the estimated prevalence of asymptomatic vCJD infection in populations exposed
55 to the BSE agent is uncertain (4). In the UK 32,441 appendix samples, collected during
56 surgery on patients born between 1941 and 1985 have been tested for abnormal prion protein
57 accumulation by immunohistochemistry. This study gave a vCJD prevalence estimate of 1 in
58 2,000 in these age cohorts (95% Confidence Interval ranging from 1 in 3,500 to 1 in 1,250)
59 (5). There is no comparable data available concerning the prevalence of asymptomatic vCJD
60 infection in other countries, although BSE exposure is known to have occurred in several
61 continental European counties, as judged by cases of vCJD that are not attributable to
62 exposure in the UK (<http://www.cjd.ed.ac.uk/documents/worldfigs.pdf>).

63 Over the last two decades several studies have reported on the distribution of the vCJD agent
64 in the tissues of infected patients (6-8). Most have failed to detect the vCJD agent outside the
65 nervous system (central, peripheral and autonomic) and lymphoid tissues. However, the

66 sensitivity of the PrP^{res} detection techniques used in these historical investigations was
67 limited.

68 The Protein Misfolding Cyclic Amplification (PMCA) is thought to mimic prion replication
69 *in vitro*, but in an accelerated form, allowing amplification of minute amounts of PrP^{Sc} and
70 prion infectivity (9). In PMCA, a PrP^C-containing “substrate” is combined with a “seed” that
71 may contain otherwise undetectable amounts of PrP^{Sc}. Following repeated cycles of
72 incubation and sonication, the amount of PrP^{Sc} increases to levels at which they can be
73 detected by conventional biochemical means. Recently, we and others have shown that
74 PMCA is able to detect endogenous vCJD agent present in patient biological fluids such as
75 urine and blood (10, 11).

76 In this study, we first evaluated the relative sensitivity of the PMCA assay versus bioassay in
77 mice for the detection of the vCJD agent. We then estimated, using PMCA, the level of vCJD
78 prions in 21 tissues collected from patients who died with symptomatic vCJD (n=4) and from
79 a patient with an asymptomatic vCJD infection. Finally, we determined whether the vCJD
80 prion levels as estimated by PMCA were consistent with the infectious titres as estimated by
81 bioassay using transgenic mice.

82

83 **Methods**

84 **Ethics Statement**

85 All animal experiments were performed in compliance with institutional and French national
86 guidelines and in accordance with the European Community Council Directive 86/609/EEC.

87 The animal experiments that are part of this study (national registration 01734.01) were
88 approved by the local ENVT ethic committee. Mouse inoculations were performed under
89 anaesthesia (isoflurane). Mice that displayed clinical signs were anesthetized with
90 isoflurane before sacrifice using CO₂ inhalation.

91 Human samples were obtained from the UK National CJD Research & Surveillance Unit
92 Brain and Tissue Bank, which is part of the MRC Edinburgh Brain Bank. Tissue samples
93 were pseudo-anonymized using a Brain Bank reference number. All UK cases had informed
94 consent for research and their supply and use in this study was covered by the East of
95 Scotland Research Ethics Service approval for the Edinburgh Brain Bank (16/ES/0084).

96

97 **vCJD and control patients**

98 Tissues from four clinical vCJD cases (referred to in this study as vCJD-1 to vCJD-4) and one
99 asymptomatic vCJD- infected individual who received a transfusion of packed red blood cells
100 from a donor who subsequently died from vCJD (12) (vCJD-A) were investigated. Tissues
101 from two non-vCJD infected patients (NC-1 and NC-2) were used as controls. Basic
102 demographic details for the vCJD and control patients are presented in table 3. In cases with
103 appropriate consent, the entire *PRNP* coding sequence was established as to exclude
104 pathogenic mutations in the *PRNP* gene (13, 14). Table 4 shows the tissue tested from each
105 patient.

106

107 **Mouse bioassays**

Bioassay was carried out using mice expressing bovine PrP (tgBov-Tg100) as previously described (15, 16). These mice were observed daily and their neurological status was assessed weekly. When clinically progressive TSE symptoms were evident, or at the end of their lifespan, the animals were euthanized. Survival time was expressed as the mean of the days post inoculation (dpi) of all the mice scored positive for PrP^{res}, with a corresponding standard deviation. In cages where no clinical signs were observed, mice were sacrificed at the end of their natural life-span (600 to 800 days). In those cases, incubation periods reported in the table as >600 dpi, corresponded to the survival time observed in at least three out of the six mice.

Infectious prion titre estimates

The infectious titre in a reference 10% weight/vol frontal cortex homogenate from a clinical vCJD patient was established by endpoint titration (intracerebral route) in tgBov mice. The infectious titre (LD₅₀/g IC in tgBov) was estimated by the Spearman method.

The titre of prion infectivity in vCJD affected patients bone marrow samples was estimated using the method developed by Arnold *et al.* (17). This model uses both the probability of survival (attack rate at each dilution) and the individual mouse incubation periods at each dilution to estimate infectious load and is thus able to provide more accurate estimation of titre than using either attack rate or incubation period data alone.

PMCA reactions

A transgenic mouse line that expresses ovine A₁₃₆R₁₅₄Q₁₇₁ PrP variant PrP^C (tgShXI) was used to prepare the PMCA substrate as previously described (18, 19). PMCA amplification was performed as previously described (11). Each PMCA run included a reference vCJD sample (10% brain homogenate) as a control for the amplification efficiency. Unseeded

controls (1 unseeded control for 8 seeded reactions) were also included in each run. For each tested dilution of each sample, at least four replicates were tested in two independent runs. For each sample, the last dilution showing at least 50% of positive replicates (presence of detectable PrP^{res} in the reaction as assessed by WB) was determined.

Abnormal PrP Western blot (WB) detection

PK resistant abnormal PrP extraction (PrP^{res}) and Western blot were performed as previously described (11). Immunodetection was performed using two different monoclonal PrP-specific antibodies, Sha31 (1 µg/ml) (20), and 12B2 (4 µg/ml) (21), which recognize the amino acid sequences YEDRYyre (145-152), and WGQGG (89-93) respectively.

Paraffin embedded tissue blot

Paraffin embedded tissue was performed as previously described (22, 23).

Results

Sensitivity of vCJD agent detection by PMCA and bioassay

In order to determine the relative sensitivity of PMCA, a reference sample (10% cerebral cortex homogenate from a vCJD affected patient) that had previously undergone end point titration (IC inoculation route –sup table 1) in bovine PrP expressing mice (tgBov) was re-titrated by PMCA.

The amplification of a ten-fold serial dilution of this sample (6 individual replicates per dilution point) demonstrated that four PMCA rounds (24 hours per round *i.e.* 96 hours) were sufficient to reach the maximal sensitivity level of the assay. Additional PMCA rounds improved neither the analytical sensitivity of the assay nor the number of positive replicates (table 2 –figure 1). Based on these results, the seeding activity (SA) of the isolate was estimated by the Spearman method to be 10^{11} SA₅₀ per gram. The bioassay end point titration data of the same sample in tgBov gave an infectious titre of $10^{7.7}$ LD₅₀ per gram. Taking into account the 4 fold lower amount of material used to seed the PMCA reaction compared to the material used in mouse inoculations, these results indicate that the PMCA protocol we used was 465 times more sensitive than bioassay in tgBov mice for the detection of vCJD prions.

PMCA results in control and vCJD affected patients

A ten-fold dilution series of the 10% homogenates from the vCJD affected and non-vCJD control patients was then prepared (table 3) and these were subjected to four rounds of PMCA. The amplification products from each round were tested for the presence of PrP^{res} by Western Blot (table 4 and figure 2).

None of the reactions seeded with tissue homogenates from the non-CJD controls were found to be positive for PrP^{res} (table 4). In contrast, the PMCA reactions seeded with tissues from the four symptomatic vCJD patients were found to be positive for PrP^{res} (table 4- figure 2). As

expected, among the tested tissues, the brain homogenates (temporal cortex) showed the highest seeding activity (last PrP^{res} positive dilution 10⁻⁸). All of the tested lymphoid organs also displayed seeding activity, but the last PMCA positive dilution varied according to the tested organs from 10⁻² (thymus) to 10⁻⁶ (distal ileum and tonsil). Moreover, for a given lymphoid organ, up to a 10² fold differences was observed in seeding activity, depending on the patient and sample tested. Taken together these data indicate that in symptomatic vCJD patients the lymphoid organs contain between 10² and 10⁶ fold less prion seeding activity than the same amount of brain tissue (table 4).

Salivary gland, adrenal gland, liver and bone marrow from the four symptomatic vCJD patients gave positive reactions in PMCA (figure 2 and 3). Using the last dilution to show a positive reaction as a measure of the seeding activity, the vCJD agent in these tissue was found to be 10³ to 10⁶ fold lower than that found in the brain. PrP^{res} was also detected in PMCA reactions seeded with heart, liver, kidney, skeletal muscle, several endocrine/exocrine glands (pancreas, thyroid) and the gonads, from some, but not all, of the four clinical vCJD patients. Where positive, these tissue contained a level of vCJD seeding activity that was equivalent to those observed in distal ileum (*i.e* 10³ to 10⁶ fold lower than in the brain). Irrespective of the tissue used to seed the PMCA reactions, the PrP^{res} Western blot profile in positive reactions was indistinguishable from that observed in reactions seeded with the vCJD brain control (figure 3).

Analysis of tissues from an asymptomatic vCJD-infected individual

No prion seeding activity was detected in the brain (temporal cortex) of this asymptomatic vCJD infected patient, who was a *PRNP* codon 129 heterozygote (Met/Val₁₂₉) (12) (table 4, figure 2). PMCA reactions seeded with dorsal root ganglia or trigeminal ganglia homogenates

from this patient also tested negative. However, seeding activity was detected in the pituitary gland (last PrP^{res} positive dilution 10⁻²). Additionally, as with the symptomatic vCJD patients, PMCA amplification readily detected the presence of vCJD prions in all of the tested lymphoid organs in this asymptomatic individual. According to the PMCA results, the vCJD agent load in lymphoid organs in this *PRNP* codon 129 Met/Val₁₂₉ asymptomatic patient were similar to those observed in the Met/Met₁₂₉ patients at the clinical stage of the disease. In addition to the lymphoid organs, prion seeding activity was detectable in certain peripheral tissues from this patient (notably salivary gland, lung and liver) (table 4, figure 2 and 3). Strikingly, certain tissues that contained a substantial prion seeding activity in the clinically affected patients (such as bone marrow or the adrenal gland) were found to be negative. Again, the PrP^{res} Western blot profile in positive reactions was indistinguishable from that observed in reactions seeded with the vCJD brain control

vCJD infectivity in bone marrow

In order to test whether the PMCA seeding activity in peripheral tissues of vCJD patients correlated to the presence of infectivity, the bone marrow samples from the symptomatic patient were inoculated to tgBov mice. A clinical TSE was observed in mice that were inoculated with each of the four bone marrow samples. The PrP^{res} Western blot profile and the PrP^{res} distribution pattern as assessed by PET Blot in the brain of the bone marrow-inoculated mice were identical to those observed in tgBov mice inoculated with the vCJD brain control (figure 4).

The data collected in mice inoculated with the bone marrow samples were also used to estimate prion infectivity levels in these samples. For this purpose, we applied the method developed by Arnold *et al.* (17). The approach combines the probability of survival (attack rate) and the individual mouse incubation period to provide an estimation of the infectious

222 titres. Data corresponding to endpoint titration in tgBov mice of the reference vCJD sample
223 (frontal cortex from a clinical vCJD patient) (table 1) were used to derive the relationship
224 between the prion titre of inoculum and the probability of infection and the length of the
225 incubation period (figure 5). According to this model the bone marrow samples displayed an
226 infectious titre that was estimated to range between $10^{2.3}$ and $10^{4.7}$ LD₅₀/g in tgBov (table 5).
227 These values are consistent with a 10^3 to 10^5 lower infectivity load in bone marrow samples
228 than in the reference vCJD brain sample. Interestingly, and in keeping with the PMCA results
229 (table 4), the prion load in bone marrow samples (last PrP^{res} positive dilution 10^{-3} to 10^{-5}) were
230 also 10^3 to 10^5 fold lower than in this reference vCJD isolate (last PrP^{res} positive dilution 10^{-8}).
231 Taken together these results strongly support the contention that the PMCA seeding activity
232 provides a reliable estimate of the prion load in the tissues of vCJD-infected patients.

Discussion

While most of the previous investigations carried out on tissue from vCJD patients have failed to identify consistent accumulation of the vCJD agent outside the nervous and the lympho-reticular systems, the data obtained in this study clearly demonstrate the presence of vCJD prions in a wide and unexpected variety of peripheral tissues.

Natural scrapie and experimental BSE in sheep are two models of orally transmitted prion diseases (24, 25). In both diseases, the agent accumulates in the lympho-reticular system and in the enteric nervous system during the early preclinical phase of the incubation period.

Moreover, an early and persistent prionemia is observed in asymptomatic infected animals (26, 27). These features were also observed in vCJD in humans and in view of the likely origin of vCJD (oral exposure to BSE agent), these similarities have led to a consensus that BSE and scrapie in sheep and vCJD in human share a common pathogenesis (28).

While the presence of vCJD prions in a variety tissues such as bone marrow, kidney, salivary gland, the skeletal muscle, the pancreas, the liver or the heart might appear surprising, each of these tissue has already been demonstrated to accumulate prion infectivity and/or abnormal prion protein in TSE infected sheep (29-33). Since low levels of infectivity have been reported in blood fractions from a vCJD affected patient, it might be argued such widespread tissue positivity derives from residual blood, rather than from the solid tissue in these samples (16). However, this seems very unlikely given the fact that in whole blood the presence of PMCA amplification inhibitors preclude the detection of endogenous vCJD agent by this methodology (11, 34-36).

The *PRNP* codon 129 Met/Val case included in this study is one of only two identified vCJD-infected individuals known to have died of other causes before the onset clinical symptoms of vCJD, and the only case with consent to sample autopsy tissues for research. In this patient, all previous investigations failed to show the presence of abnormal prion protein or infectivity

in the brain (12, 37). The negative PMCA results we obtained using the cerebral cortex, the dorsal root ganglia and the trigeminal ganglia tissue from this patient are consistent with a lack of CNS involvement at the time of death. However, the presence of PMCA seeding activity in the pituitary gland is surprising in this regard.

The presence of abnormal prion protein accumulation in the pituitary gland and other circumventricular organs prior to deposition of PrP^{res} in surrounding brain is a phenomenon that has been reported in TSE infected sheep (38). However, this phenomenon in animals does not seem to represent the main route for neuro-invasion and it is a likely consequence of haematogenous dissemination of the TSE agent through the fenestrated capillary system of the circumventricular organs, which is substantially more permeable than the other capillaries in the brain (the “blood-brain barrier”). This finding may therefore be a consequence of the haematogenous route of secondary vCJD infection in this individual (via transfusion of packed red blood cells from a vCJD-infected donor), in contrast to the oral route of infection in the primary clinical vCJD cases (12).

vCJD prions were detected in certain peripheral tissues from this *PRNP* codon 129 Met/Val patient. Although the distribution of the vCJD seeding activity in the lymphoreticular tissues was similar to that observed in the symptomatic vCJD patients, a number of tissues that were positive in clinically affected patients were negative in this heterozygous asymptomatic individual. These findings suggest that the involvement of some peripheral tissues might occur at a later stage in the incubation period than others, or that they could involve recirculation of the agent from the CNS (*i.e.* centrifugal spread at a late state). However, we cannot discount the possibility that these differences in tissue distribution are due to either the haematogenous route of infection in this individual (as opposed to the likely oral route in the clinical vCJD cases) or the difference between the *PRNP* codon 129 genotype of

the asymptomatic vCJD infected individual (*PRNP* codon 129 Met/Val) and the clinical vCJD cases (*PRNP* codon 129 Met/Met)

Irrespective of the actual explanation for these differences, the presence of vCJD agent in peripheral tissues of patients at both preclinical and clinical stage of the disease indicates the potential for iatrogenic transmission of this fatal neurological condition by surgical procedures. Furthermore, it shows that for certain peripheral tissues a level of infectivity equivalent to an end stage titre (and attendant risk) is reached at a pre-clinical stage.

Several hundred cases of iatrogenic CJD have been reported worldwide. These cases appear to result from the transmission of sporadic CJD (sCJD) and most cases have occurred in the recipients of human dura mater grafts or the administration of human growth hormone extracted from cadaveric pituitaries (39). While in sCJD the distribution of the agent is largely restricted to the nervous system (central and peripheral), the wide distribution of the vCJD agent in the asymptomatic infected patient we describe here may serve to increase the range of medical procedures that might result in the iatrogenic transmission of vCJD (including dentistry, organ transplant, surgery involving non-disposable equipment) (40-43).

Nevertheless, more than 20 years after the identification of the first vCJD patients, only five cases that are a likely consequence of iatrogenic vCJD transmission have come to light, all in the UK and all associated with blood and blood products. These cases were due to either the transfusion of non-leukodepleted red cell concentrates, or with treatment involving large amounts of pooled UK plasma that were known to include donations from individuals who later developed vCJD (12, 44-46). None of the 220 other vCJD cases identified worldwide have been linked to any other medical or dental procedure. Whilst reassuring, it would be unwise to disregard the threat that vCJD still poses for public health. Despite the relatively low number of vCJD clinical cases observed in the United Kingdom (n=178), the most recent

epidemiological studies indicate that 1 out 2000 people in the UK could carry the vCJD agent (as judged by the presence of abnormal prion protein detected by immunohistochemistry in lymphoid follicles in the appendix). Each asymptomatic vCJD-infected person represents a potential source of secondary infection. The data we reported here offers an opportunity for refining the measures that were implemented in many countries to limit the risk of vCJD iatrogenic transmission. The apparent concordance between the PMCA biochemical and infectivity bioassay data, and the higher analytical sensitivity of PMCA suggest that future research need not rely exclusively on time-consuming and costly animal bioassay. Our results clearly highlight the need for vCJD screening assays. After more than a decade of effort several vCJD blood detection tests have reached a stage in their development that could permit their evaluation as screening or confirmatory assays (11, 47, 48). In particular, there is now a very strong case for the use of PMCA in a highly sensitive and specific blood test for vCJD as judged by our previous work (11, 16) and the very recent publications by Concha-Marambio et al and Bougard et al (35, 36) . The relationship shown here between PrP^{res} amplification by PMCA and the detection of infectivity by bioassay argues that PMCA seeding activity is a good surrogate marker of infectivity, and could provide a sound basis for a vCJD blood test for use on blood or tissue donors.

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Biographical Sketch

Jean Yves Douet is assistant lecturer in Ophthalmology at the National Veterinary School of Toulouse and a member of the TSE research group in the UMR INRA ENVT 1225 unit. His primary research interests are the pathogenesis of the prion disease with special emphasis on the iatrogenic risk of transmission.

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471

472 **Table 1:** Endpoint titration of a reference vCJD sample (10% weight volume frontal cortex homogenate) in mice expressing the bovine PrP
 473 (tgBov)
 474

Dilution	Transmission in tgBov	
	Pos mice	Incubation (mean±SD)
neat	6/6	249±2 days
10 ⁻¹	6/6	283±15 days
10 ⁻²	6/6	316±21 days
10 ⁻³	6/6	342±10 days
10 ⁻⁴	6/6	453±66 days
10 ⁻⁵	2/6	479, 495 days*
10 ⁻⁶	1/6	502 days*
10 ⁻⁷	0/6	>700 days

475
 476 A 10% weight/volume homogenate was prepared using frontal cortex from a clinically affected vCJD patient. Groups of 6 tgBov mice were
 477 inoculated intracerebrally with 20µL of serial ten-fold dilutions of this homogenate. Mice were considered positive when abnormal PrP
 478 deposition was detected in the brain. Incubation periods are presented as mean +/-SD, except for those marked (*) indicating dilutions in which
 479 less than half of mice were scored as positive.
 480
 481

482 **Table 2:** Endpoint titration of the PMCA seeding activity in a reference vCJD brain sample
483

Amplification round	Reference vCJD 10% brain homogenate dilution series number of positive PMCA reactions								
	10 ⁻²	10 ⁻³	10 ⁻⁴	10 ⁻⁵	10 ⁻⁶	10 ⁻⁷	10 ⁻⁸	10 ⁻⁹	10 ⁻¹⁰
1	6/6	6/6	0/6	0/6	0/6	0/6	0/6	0/6	0/6
2	6/6	6/6	5/6	3/6	0/6	0/6	0/6	0/6	0/6
3	6/6	6/6	6/6	6/6	3/6	0/6	0/6	0/6	0/6
4	6/6	6/6	6/6	6/6	6/6	5/6	2/6	0/6	0/6
5	6/6	6/6	6/6	6/6	6/6	5/6	2/6	0/6	0/6
6	6/6	6/6	6/6	6/6	6/6	5/6	2/6	0/6	0/6

484
485 10% weight/volume homogenate was prepared using frontal cortex from a symptomatic vCJD patient (using the same homogenate as in table 1).
486 Samples were serially diluted ten-fold (10⁻² to 10⁻¹⁰) before being used to seed PMCA reactions. Six individual replicates of each sample dilution
487 were tested. The PMCA substrate was prepared using brains from transgenic mice over-expressing the ARQ variant of the sheep prion protein.
488 Reactions were then subjected to 6 amplification rounds, each composed of 96 cycles (10s sonication-14 minutes and 50 seconds incubation at
489 39.5°C) in a Qsonica700. After each round, (i) reaction products (1 volume) were mixed with fresh substrate (9 volumes) to seed the following
490 round while (ii) a part of the same product was analysed by Western Blot (WB) for the presence of PK resistant PrP (PrP^{res} -antibody Sha31
491 epitope YEDRYRE). The number of PrP^{res} WB positive replicates corresponding to each round and each dilution are reported.
492
493

494 **Table 3:** Characteristics of the patients included in the study

495

Patient Identifier	Diagnosis	Gender	Year of death	Age at death	Disease duration	PRNP codon 129	PRNP mutations
vCJD-1	vCJD	M	1999	33 years	18 months	MM	No mutations detected
vCJD-2	vCJD	F	2000	17 years	18 months	MM	No mutations detected
vCJD-4	vCJD	M	2000	26 years	10 months	MM	No mutations detected
vCJD-3	vCJD	M	2001	26 years	10 months	MM	No mutations detected
vCJD-A	Asymptomatic vCJD	F	2004	82 years	N/A	MV	No mutations detected
NC-1	Not CJD (tumour, infarction, ischaemia)	F	2005	85 years	N/A	MM	No consent for sequencing
NC-2	Not CJD (Alzheimer's disease, infarction, ischaemia)	F	2010	80 years	N/A	MM	No mutations detected

496

497

498

499 **Table 4:** Results of Protein Misfolding Cyclic Amplification reactions seeded with tissue homogenate from vCJD and control patients

Tissue	vCJD clinical (Met ₁₂₉ /Met ₁₂₉)				vCJD preclinical (Met ₁₂₉ /Val ₁₂₉)	Non vCJD controls (Met ₁₂₉ /Met ₁₂₉)	
	vCJD-1	vCJD-2	vCJD-3	vCJD-4	vCJD-A	NC-1	NC-2
Frontal cortex	10 ⁻⁸	10 ⁻⁸	10 ⁻⁸	10 ⁻⁸	neg	neg	neg
Pituitary gland	N/A	N/A	N/A	N/A	10 ⁻²	neg	neg
Trigeminal ganglia	N/A	N/A	N/A	N/A	neg	neg	neg
Dorsal root ganglia	N/A	N/A	N/A	N/A	neg	neg	neg
Cervical Lymph node	10 ⁻⁵	10 ⁻⁴	10 ⁻⁴	10 ⁻³	10 ⁻⁴	NA	NA
Tonsil	10 ⁻³	10 ⁻⁴	10 ⁻⁶	10 ⁻³	10 ⁻³	NA	neg
Appendix	10 ⁻⁴	10 ⁻⁴	10 ⁻⁴	10 ⁻³	10 ⁻²	neg	neg
Distal Ileum	10 ⁻³	10 ⁻⁵	10 ⁻⁵	10 ⁻²	10 ⁻³	neg	neg
Spleen	10 ⁻⁴	10 ⁻⁴	10 ⁻⁵	10 ⁻⁴	10 ⁻³	neg	neg
Thymus	NA	10 ⁻³	10 ⁻²	10 ⁻²	10 ⁻²	NA	NA
Lung	10 ⁻²	10 ⁻²	neg	neg	10 ⁻³	neg	neg
Heart	10 ⁻²	10 ⁻²	neg	neg	neg	neg	neg
Liver	10 ⁻⁴	10 ⁻²	10 ⁻²	10 ⁻⁴	10 ⁻²	neg	neg
Kidney	10 ⁻²	10 ⁻³	neg	10 ⁻³	neg	neg	neg
Salivary gland	10 ⁻⁴	10 ⁻³	10 ⁻²	10 ⁻³	10 ⁻²	neg	neg
Pancreas	10 ⁻²	neg	10 ⁻²	10 ⁻⁴	neg	neg	neg
Thyroid	10 ⁻²	neg	10 ⁻²	10 ⁻²	neg	neg	neg
Adrenal gland	10 ⁻³	10 ⁻³	10 ⁻³	10 ⁻⁴	neg	neg	neg
Bone marrow	10 ⁻⁴	10 ⁻⁵	10 ⁻³	10 ⁻⁴	neg	neg	neg
Skeletal muscle	10 ⁻⁴	10 ⁻²	neg	N/A	neg	neg	neg
Testis	neg	NA	neg	10 ⁻³	N/A	N/A	N/A
Ovary	N/A	10 ⁻⁴	N/A	N/A	N/A	N/A	N/A

500 PMCA reactions were seeded with ten-fold serial dilutions of vCJD 10% tissues homogenates (10^{-2} to 10^{-9}) that had been collected post mortem
501 from symptomatic vCJD patients (vCJD-1 to vCJD-4) or an asymptomatic vCJD-infected individual (vCJD-A). At least four replicates of each
502 sample dilution were tested in two independent PMCA runs.
503 vCJD-1 to vCJD-4 were homozygous for methionine at codon 129 of the *PRNP* gene. Patient vCJD-A was heterozygous (methionine/valine) at
504 codon 129 of the *PRNP* gene. The PMCA substrate was prepared using brains from transgenic mice over-expressing the ARQ variant of the
505 sheep prion protein. Reactions seeded with tissues from two non-vCJD infected control patients (NC-1 and NC-2) were included as negative
506 controls. PMCA reactions were then subjected to 4 amplification rounds each comprising 96 cycles (10s sonication-14 minutes and 50 seconds
507 incubation at 39.5°C) in a Qsonica700. The PMCA reactions were analysed by Western Blot (WB) for the presence of PK resistant PrP (PrP^{res} -
508 antibody Sha31 epitope YEDRYRE). The last positive dilution that resulted in a positive WB signal in at least half of the tested replicates after
509 4 PMCA amplification rounds is reported in the table. N/A denotes not applicable. Neg denotes negative.
510
511

512 **Table 5:** Bone marrow sample bioassay in bovine PrP expressing mice (tgBov)
513

case	Transmission in tgBov		Infectious titer (LD ₅₀ /g) Mean – (CI 95%)
	Positive/inoculated mice	Incubation (mean±SD)	
vCJD-1	5/5	458±37 days	10 ^{3.1} (10 ^{2.6} -10 ^{3.5})
vCJD-2	6/6	373±35 days	10 ^{4.7} (10 ^{4.3} -10 ^{5.2})
vCJD-3	4/6	504±10 days	10 ^{2.3} (10 ^{1.8} -10 ^{2.7})
vCJD-4	6/6	447±91 days	10 ^{4.0} (10 ^{3.4} -10 ^{4.5})
PBS control	0/6	>600 days	N/A

514
515 10% weight/volume bone marrow homogenates prepared from four symptomatic vCJD patients (see table 3) was inoculated intracerebrally (IC)
516 into 6 tgBov mice (20µL per mouse). One mouse (inoculated with vCJD-1) died within the first few days following IC inoculation. Mice were
517 euthanized when they showed clinical signs of prion infection or after 600 days post inoculation. Mice were considered prion infected when
518 abnormal PrP deposition was detected in brain. Infectious prion titres were estimated using the method developed by Arnold *et al.* (17). The
519 model uses both the probability of survival (attack rate at each dilution) and the individual mouse incubation periods at each dilution to estimate
520 the infectious load. Infectious titres are given as the estimated value and, in parentheses, the lower and upper limits of the 95% confidence
521 intervals.
522

Figures:**Figure 1: PMCA amplification of vCJD PrP^{res}**

PMCA reactions were seeded with a ten-fold serial dilutions of a reference vCJD brain homogenate (10% weight / volume -10⁻² to 10⁻¹⁰ dilution). This homogenate had been endpoint titrated previously by bioassay in bovine PrP expressing mice (tgBov, intracerebral route – 10^{7.7} DL₅₀/g).

PMCA substrate was prepared using brains from transgenic mice over-expressing the ARQ variant of the sheep prion protein. Unseeded reactions were included as specificity control.

PMCA reactions were then subjected to 6 rounds of amplification, each comprising 96 cycles (10s sonication-14 minutes and 50 seconds incubation at 39.5°C) in a Qsonica700. After each round, (i) reaction products (1 volume) were mixed with fresh substrate (9 volumes) to seed the following round while (ii) a part of the same product was analysed by Western Blot (WB) for the presence of abnormal PK resistant PrP (PrP^{res} -antibody Sha31 epitope YEDRYYYRE).

A sheep scrapie in sample was included as control on each gel (WB control).

Figure 2: vCJD Protein Misfolding Cyclic Amplification in peripheral tissues

PMCA reactions were seeded with a ten-fold dilution series of vCJD tissues homogenates (10⁻² to 10⁻⁹) that had been collected post mortem from a vCJD-infected patient at clinical stage or preclinical stage of the disease. At least four replicates of each sample dilution were tested in two independent PMCA runs.

Patients (a) vCJD-1, (b) vCJD-2, (c) vCJD-3 and (d) vCJD-4 died with clinical vCJD. These four patients were homozygotes Methionine at codon 129 of the *PRNP* gene. Patient (e) vCJD-A died while at an asymptomatic or preclinical stage of the disease. This patient was heterozygous Methionine/Valine at codon 129 of the *PRNP* gene.

PMCA substrate was prepared using brains from transgenic mice over-expressing the ARQ variant of the sheep prion protein. Unseeded reactions and reaction seeded with tissues from two non-vCJD infected control patients (NC-1 and NC-2 see table 3) were included as a specificity control. PMCA reactions were then subjected to 4 amplification rounds each comprising 96 cycles (10s sonication-14 minutes and 50 seconds incubation at 39.5°C) in a Qsonica700. After each round, (i) reaction products (1 volume) were mixed with fresh substrate (9 volumes) to seed the following round while (ii) a part of the same product was analysed by Western Blot (WB) for the presence of abnormal PK resistant PrP (PrP^{res} - antibody Sha31 epitope YEDRYYYRE). For each round, the last dilution displaying a positive WB signal in at least half of the tested replicates is indicated on the graph. (○): round 1 - (▽) : round 2 - (△): round 3 - (■): round 4.

Figure 3: PrP^{res} WB detection in PMCA reactions seeded with peripheral tissues

PMCA reactions were seeded with a ten-fold dilution series (10^{-2} to 10^{-9}) of vCJD tissues homogenates that had been collected post mortem from vCJD patients at clinical stage (symptomatic vCJD case 1 to vCJD case 4) or at an asymptomatic or preclinical stage of the disease (vCJD asymp.) (see table 2). Reactions seeded with tissues from two non-vCJD patients (see table 2) and unseeded PMCA reactions were included as specificity controls. Reactions were then subjected to 4 amplification rounds each comprising 96 cycles (10s sonication-14 minutes and 50 seconds incubation at 39.5°C) in a Qsonica700. The PMCA reactions were analysed by Western Blot (WB) for the presence of abnormal PK resistant PrP (PrP^{res} -antibody Sha31 epitope YEDRYYYRE). On each gel (i) a scrapie in sheep isolate and a vCJD reference isolate were used as control (WB cont.).

570 For the seven presented tissues (frontal cortex, appendix, lung, liver, salivary gland, pancreas
571 and bone marrow) the dilution of the tissues homogenates used to seed the PMCA reactions is
572 indicated below the immunoblots.

573

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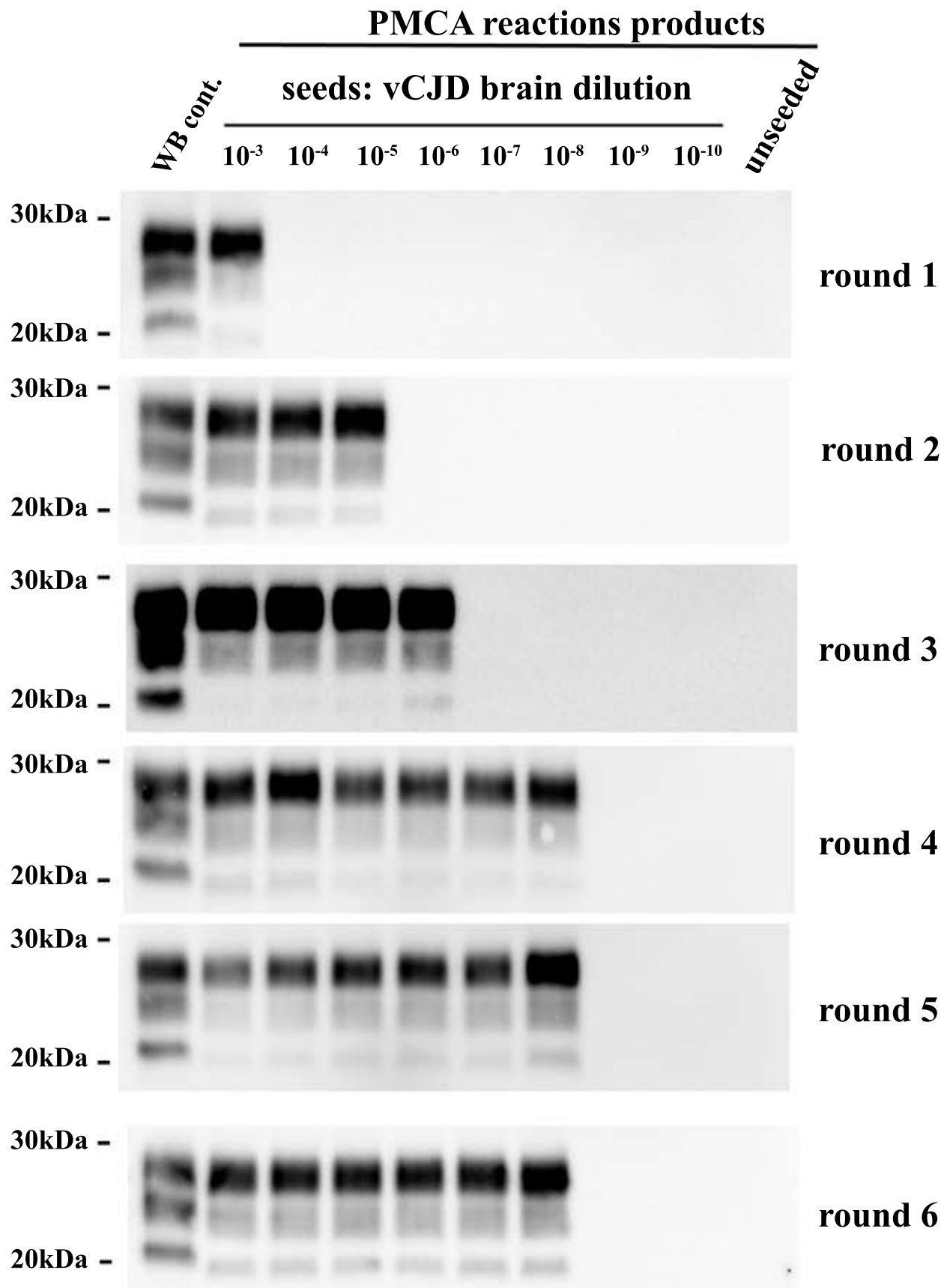
Figure 4: PrP^{res} detection by Western Blot (WB) and Paraffin Embedded Tissue blot (PET blot), in the brain of transgenic mice expressing the bovine-PrP (tgBov).

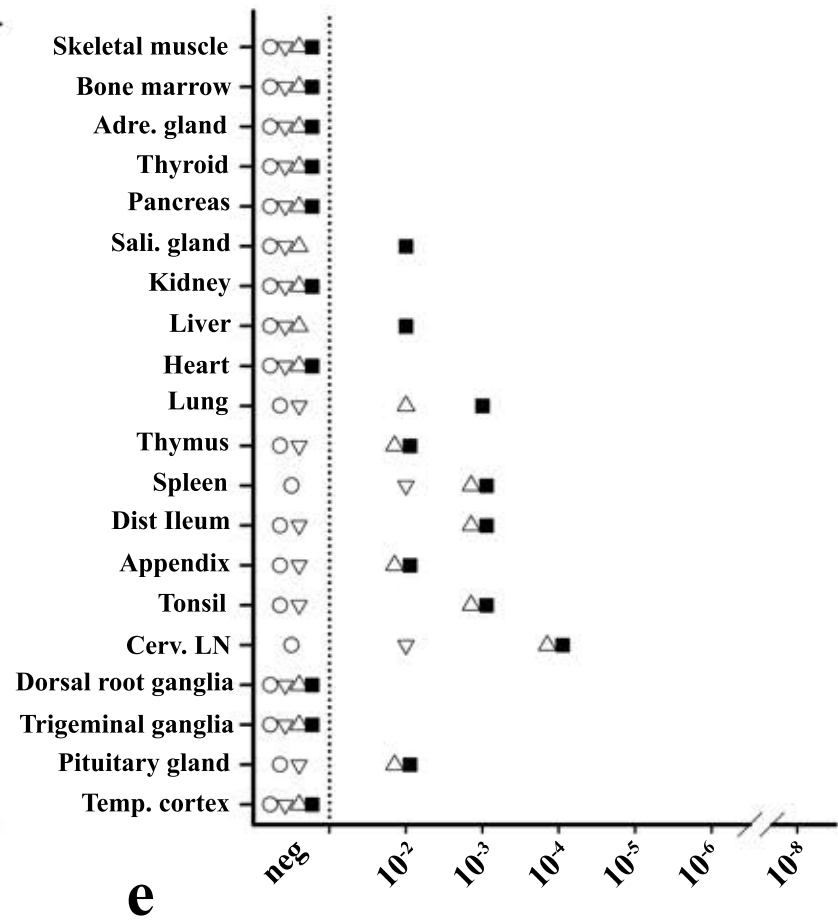
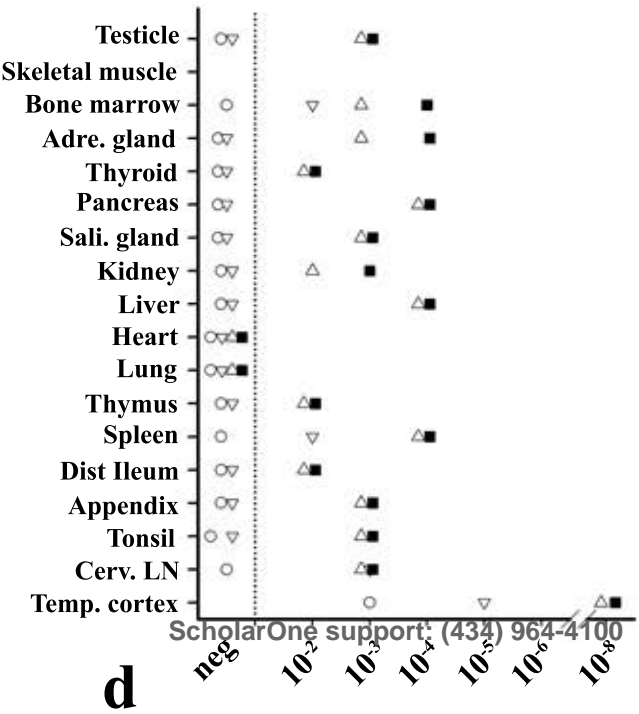
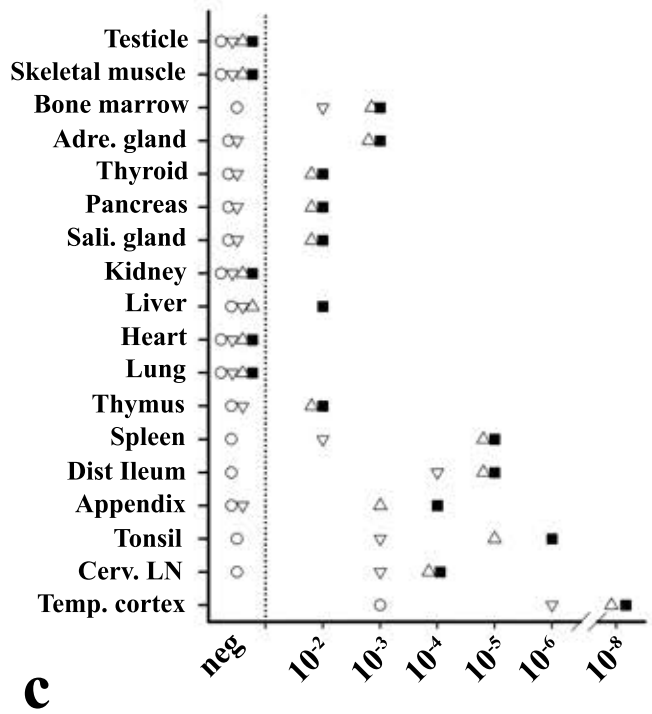
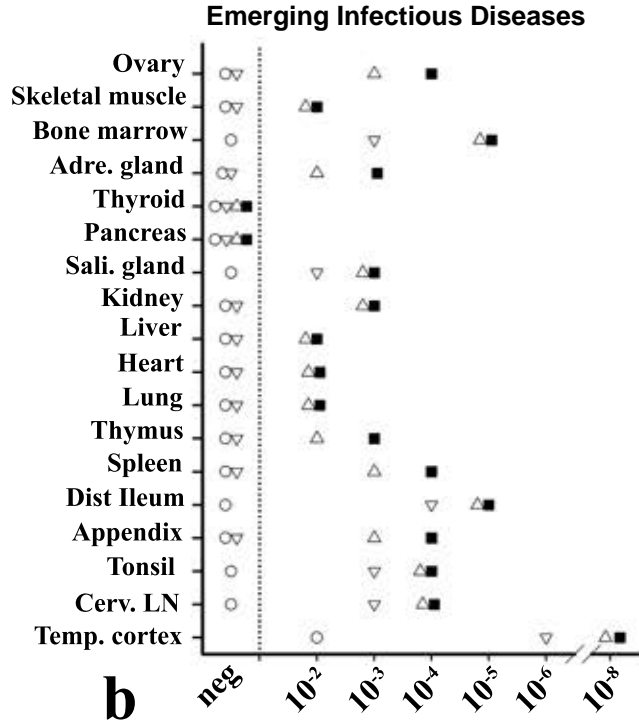
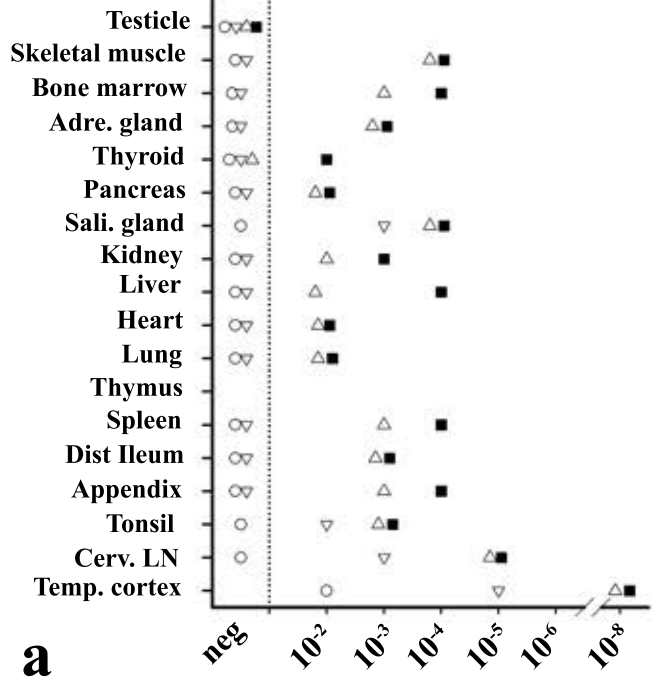
(a) PrP^{res} WB of (i) a vCJD sample (frontal cortex) and of tgBov mice (brain) inoculated with (ii) the same vCJD reference isolate or (iii) with bone marrow samples from vCJD affected patients(vCJD 1 to 4 see table 2) and non vCJD control (NC-1, see table 2). On each gel a scrapie isolate (WB cont.) and a non-inoculated tgBov brain homogenate were included as controls. PrP^{res} immunodetection was carried out using Sha31 monoclonal antibody (epitope: ₁₄₅YEDRYYYRE₁₅₂) and 12B2 epitope (epitope ₈₉WGQGG₉₃).

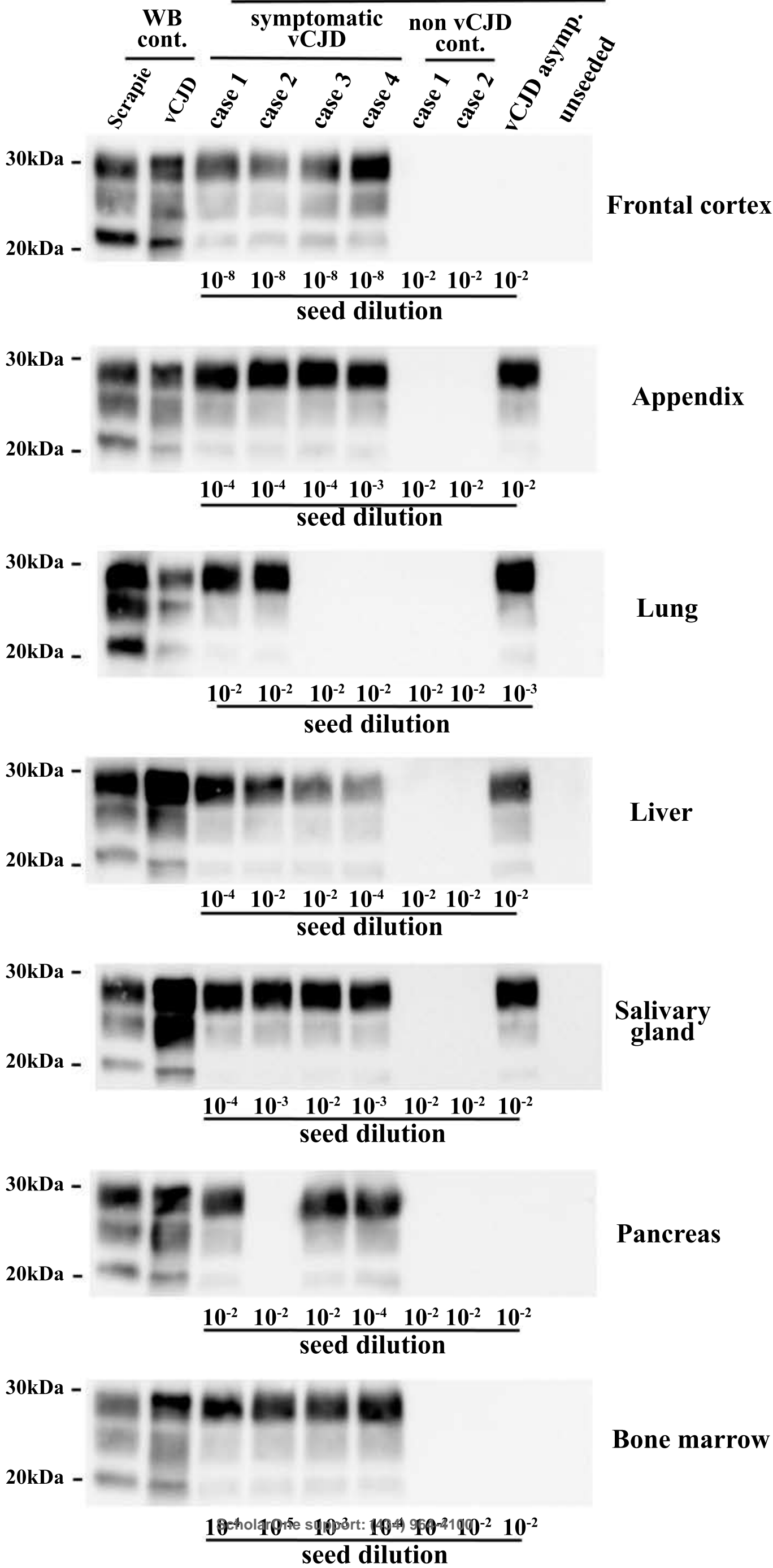
(b) PET blot PrP^{res} distribution in coronal section (thalamus level) of tgBov mice inoculated with a reference vCJD isolate (10% brain homogenate) or bone marrow (10% tissue homogenate) from two vCJD patients at clinical stage of the disease (vCJD-1 and vCJD-3 see table 2). PrP^{res} immunodetection was carried out using Sha31 monoclonal antibody (epitope: ₁₄₅YEDRYYYRE₁₅₂). Bar: 120µm.

Figure 5: Dose-response relationship for the incubation period and probability of infection of bovine PrP expressing mice.

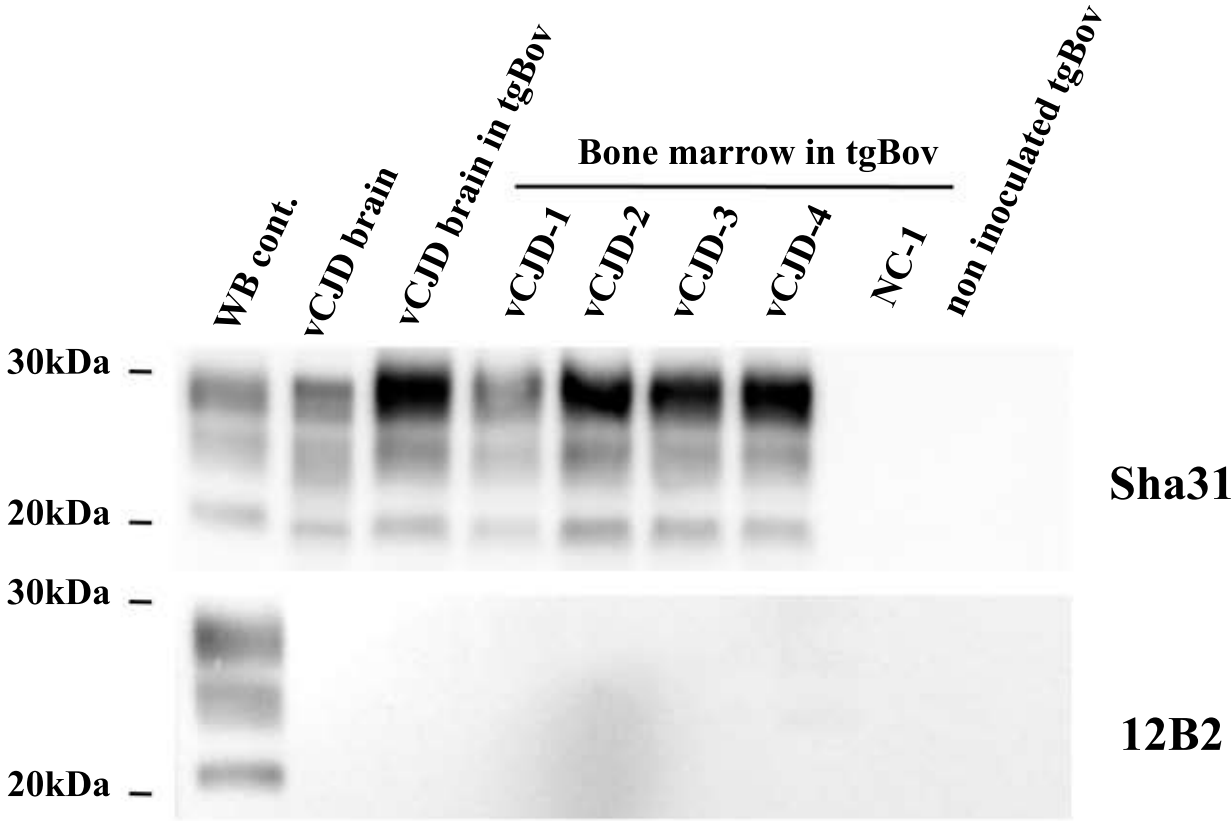
Data derived from an endpoint titration of 10% weight/volume frontal cortex homogenate from a vCJD affected patient in tg Bov mice (20µL intracerebral route, see table 1) were used to establish a model that estimates the infectious titre in an homogenate based on the incubation period and the probability of infection in inoculated mice (model is solid line, observed values given by crosses).



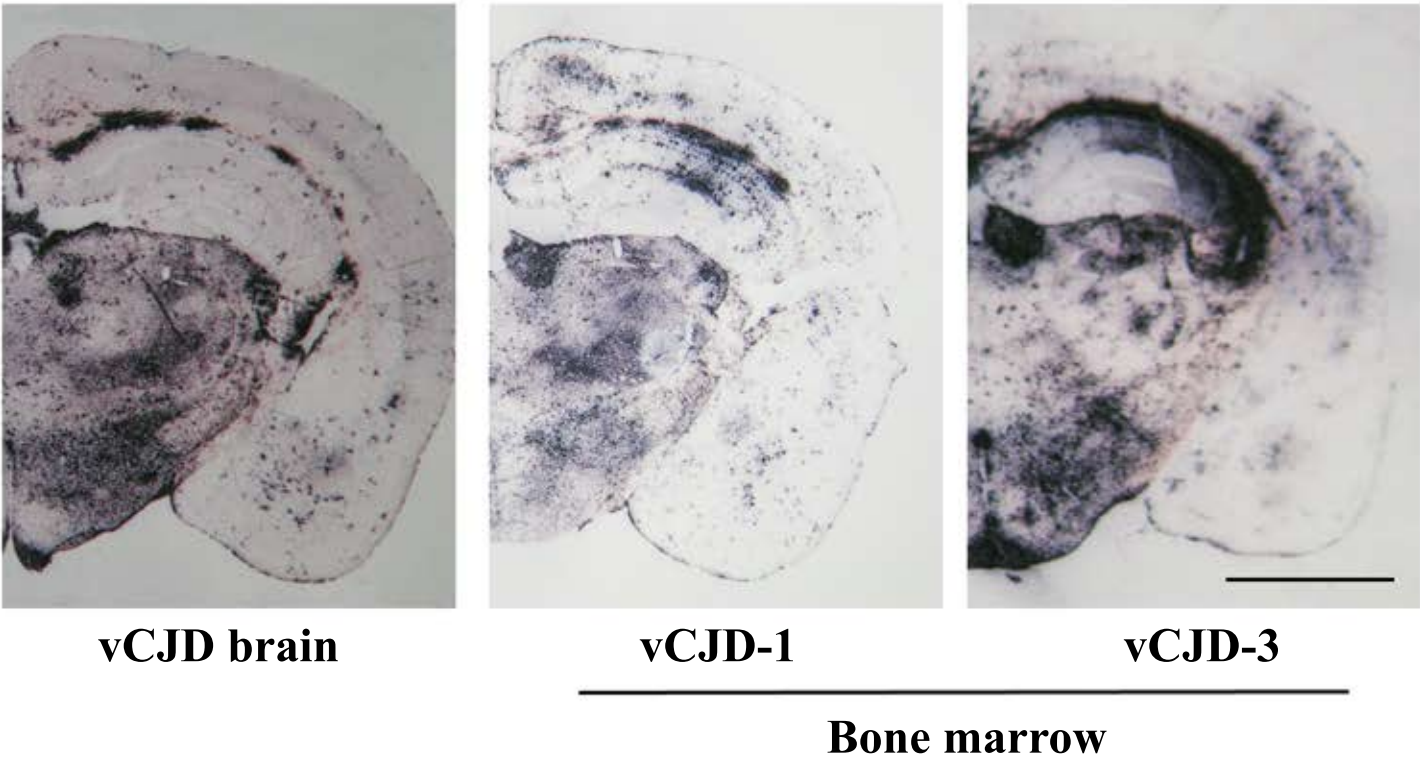


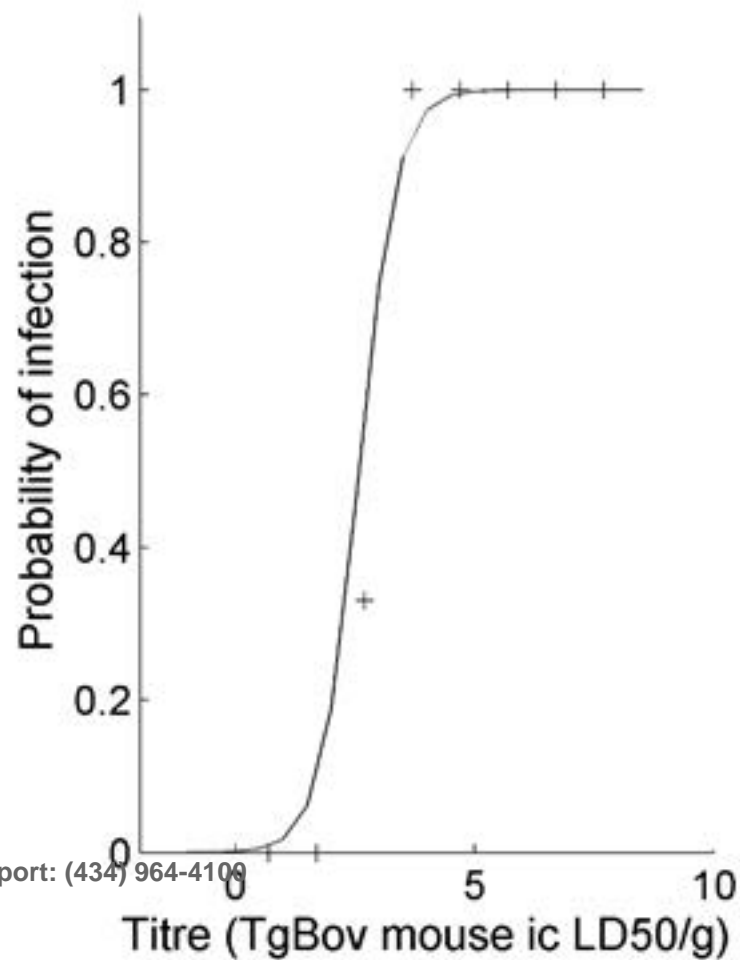
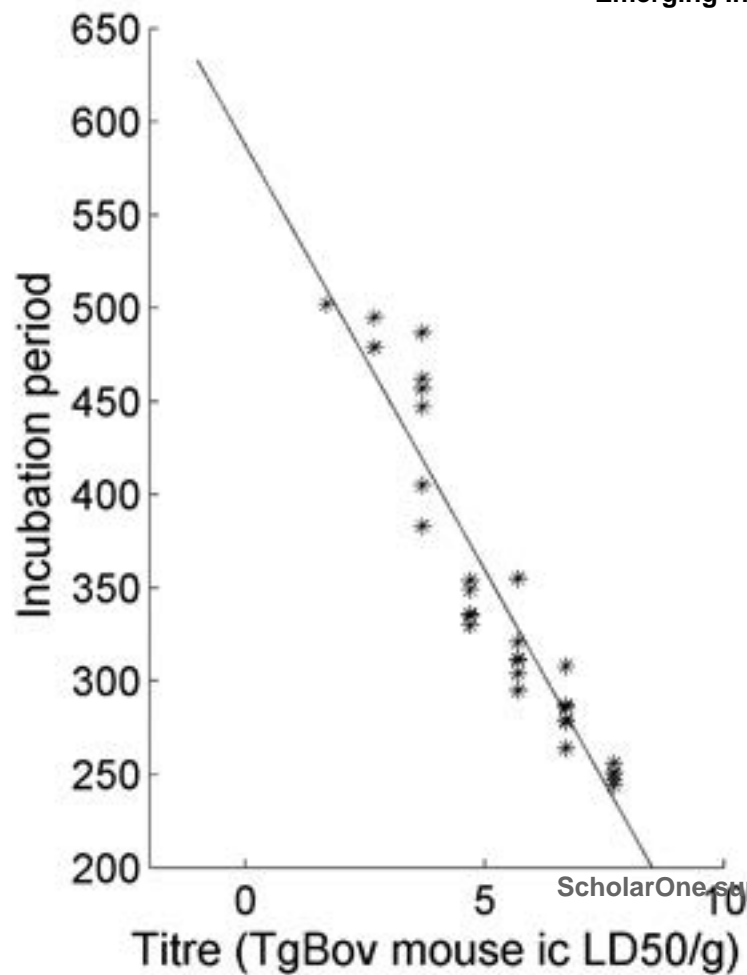


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Additional notes or statements:

**Distribution and quantitative estimates of variant Creutzfeldt
Jakob Diseases prions in the tissues of clinical and asymptomatic
patients**

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tissues of clinical and asymptomatic patients is wider than previously thought

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26 **Abstract**

27 In the United Kingdom about 1 in 2000 people could be infected with variant Creutzfeldt-
28 Jakob-Disease (vCJD). In that context, the risk of transmission of vCJD by medical
29 procedures remains a major concern for public health authorities.

30 In this study, *in vitro* amplification of prions by the Protein Misfolding Cyclic Assay (PMCA)
31 was used to estimate the distribution and the level of vCJD agent in a range of tissues (n=21)
32 from four patients who died with clinical vCJD and one asymptomatic vCJD-infected
33 individual.

34 Unexpectedly, PMCA demonstrated the presence of significant levels of vCJD prions in
35 numerous tissues, including liver, salivary gland, kidney, lung or bone marrow. Bioassays
36 confirmed that the quantitative estimate of vCJD prion accumulation levels provided by
37 PMCA are indicative of the vCJD infectivity levels in peripheral tissues.

38 This work provides critical data for the design of rational measures aimed at minimising the
39 risk of iatrogenic transmission of vCJD.

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Introduction

Prion diseases, or transmissible spongiform encephalopathies (TSEs), are fatal neurodegenerative disorders that occur naturally in sheep (scrapie), cattle (bovine spongiform encephalopathy - BSE), and humans (Creutzfeldt-Jakob disease - CJD). A key event in the pathogenesis of TSEs is the conversion of the normal cellular prion protein (PrP^{C} , which is encoded by *PRNP*) into an abnormal disease-associated isoform (PrP^{Sc}) in tissues of infected individuals. PrP^{C} is completely degraded after controlled digestion with proteinase K (PK) in the presence of non-denaturing detergents. PrP^{Sc} is N-terminally truncated under such conditions, leaving a PK resistant core, termed PrP^{res} (1).

In 1996, a new form of CJD, termed variant CJD (vCJD) was identified in the UK and is believed to be due to zoonotic transmission of the agent that causes BSE in cattle, probably as a consequence of dietary exposure to BSE-contaminated meat products (2, 3).

The total number of vCJD clinical cases identified so far remains limited (227 patients worldwide at the time of writing). However, the prevalence of asymptomatic vCJD infection in populations exposed to the BSE agent remains extremely uncertain (4). In the UK 32,441 appendix samples, collected during surgery on patients born between 1941 and 1985 were tested for abnormal prion protein accumulation by immunohistochemistry. This study indicated a likely vCJD prevalence estimate of 1 in 2,000 in these age cohorts (95% Confidence Interval ranging from 1 in 3,500 to 1 in 1,250) (5). Outside the UK, there is no data available concerning the prevalence of asymptomatic vCJD infection in the population, although BSE exposure is likely to have occurred in several continental European countries as judged by cases of vCJD in these countries which have no known link to BSE exposure in the UK (<http://www.cjd.ed.ac.uk/documents/worldfigs.pdf>)

Over the last two decades a substantial number of studies have focused on the distribution of the vCJD agent in the tissues of infected patients (6-8). Most have failed to demonstrate a

convincing accumulation of the vCJD agent outside the nervous system (central, peripheral and autonomic) and lymphoid tissues. However, the sensitivity of the PrP^{res} detection techniques used in these investigations was limited.

The Protein Misfolding Cyclic Amplification (PMCA) technology is thought to mimic prion replication *in vitro* but in accelerated form, allowing amplification of minute amounts of PrP^{Sc} and prion infectivity (9). It is facilitated by combining a PrP^C-containing substrate with a seed comprising a tissue homogenate containing previously undetectable amounts of PrP^{Sc}. By repetitive cycles of incubation and sonication, the levels of PrP^{Sc} in the seed are increased to levels at which they can be detected by conventional biochemical techniques. Recently the capacity of PMCA to detect endogenous vCJD agents present at very low levels in biological fluids such as urine and blood from infected patients has been shown to be possible (10, 11). In this study, we first evaluated the relative sensitivity of the PMCA assay versus bioassay in mice for the detection the vCJD agent. We then estimated, using PMCA, the level of vCJD prions in 21 tissues collected post from patients who died with symptomatic vCJD (n=4) and from a patient with an asymptomatic vCJD infection. Finally we determined whether the vCJD prion levels as estimated by PMCA were consistent with the infectious titres as estimated by bioassay using transgenic mice.

85 Methods**86 Ethics Statement**

87 All animal experiments have been performed in compliance with institutional and French
88 national guidelines, in accordance with the European Community Council Directive
89 86/609/EEC. The animal experiments that are part of this study (national registration
90 01734.01) were approved by the ENVT ethic committee. Mouse inoculations were performed
91 under anaesthesia (isoflurane). Mice that displayed clinical signs were anesthetized with
92 isoflurane before killing by CO₂ inhalation.

93 Human samples were obtained from the National CJD Research & Surveillance Unit Brain
94 and Tissue Bank in Edinburgh, UK, which is part of the Edinburgh Brain Bank. For the
95 purposes of this study, samples were pseudo-anonymized using a Brain Bank reference
96 number. All UK cases had informed written consent for research and their supply and use in
97 this study was covered by Ethics Approval (LREC 2000/4/157).

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99 Control and vCJD infected patients

100 Tissues from four clinical vCJD cases (referred to in this study as vCJD-1 to vCJD-4) and one
101 asymptomatic vCJD- infected individual who received a transfusion of packed red blood cells
102 from a donor who subsequently died from vCJD (12) (vCJD-A) were investigated. Tissues
103 from two non-vCJD infected patients (NC-1 and NC-2) were used as control. Information
104 related to the vCJD and control patients are presented in table 3. In cases with appropriate
105 consent, the entire *PRNP* coding sequence was established as to exclude pathogenic mutations
106 in the *PRNP* gene (13, 14). Table 4 indicates the list of tissue tested in each patient.

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108 Mouse bioassays

Bioassay were carried out in mice expressing the bovine PrP (tgBov-Tg100) as previously described (15, 16). These mice were observed daily and their neurological status was assessed weekly. When clinically progressive TSE disease was evident, or at the end of their lifespan, the animals were euthanized. Survival time was expressed as the mean of the survival days post inoculation (dpi) of all the mice scored positive for PrP^{res}, with a corresponding standard deviation. In cages where no clinical signs were observed, mice were killed at the end of their natural life-span (600 to 800 days). In those cases, incubation periods reported in the table (>600 dpi) corresponded to the survival time observed in at least three out of the six mice.

Infectious prion titre estimates

The infectious titre in a reference 10% weight/vol temporal cortex homogenate from a clinical vCJD patient was established by endpoint titration (Intracerebral route) in tgBov mice. The infectious titre (LD₅₀/g IC in tgBov) was estimated by the Spearman's method. The titre of prion infectivity in vCJD affected patients bone marrow samples was estimated using the method developed by Arnold *et al.* (17). The model uses both the probability of survival (attack rate at each dilution) and the individual mouse incubation periods at each dilution to estimate infectious load and thus is able to provide more accurate estimation of titre than using either attack rate or incubation period data alone.

PMCA reactions

A transgenic mouse line that expresses ovine A₁₃₆R₁₅₄Q₁₇₁ PrP variant PrP^C (tgShXI) was used to prepare the PMCA substrate as previously described (18, 19). PMCA amplification was performed as previously described (11). Each PMCA run included a reference vCJD sample (10% brain homogenate) as a control for the amplification performance. Unseeded controls (1 unseeded control for 8 seeded reactions) were also included in each run. For each

tested dilution of each sample at least four replicates of each these sample dilutions were tested in two independent run. For each sample the last dilution showing at least 50% of positive replicates (presence of detectable PrP^{res} in the reaction as assessed by WB) was determined.

Abnormal PrP Western blot (WB) detection

PK resistant abnormal PrP extraction (PrP^{res}) and Western blot were performed as previously described (11). Immunodetection was performed using two different monoclonal PrP-specific antibodies, Sha31 (1 µg/ml) (20), and 12B2 (4 µg/ml) (21) which recognize the amino acid sequences YEDRYYYRE (145-152), and WGQGG (89-93) respectively.

Paraffin embedded tissue blot

Paraffin embedded tissue was performed as previously described (22, 23).

Results

Sensitivity of vCJD agent detection by PMCA and bioassay

In order to determine the relative sensitivity of PMCA, a reference isolate (10% cerebral cortex homogenate from a vCJD affected patient) that had previously undergone end point titration (IC inoculation route –sup table 1) in bovine PrP expressing mice (tgBov) was re-titrated by PMCA.

The amplification of a 1/10 dilution series of this sample (6 individual replicates per dilution point) demonstrated that four PMCA rounds (24 hours per round *i.e.* 96 hours) were sufficient to reach the maximal sensitivity level of the assay. Additional PMCA rounds improved neither the analytical sensitivity of the assay nor the number of positive replicates (table 2 – figure 1). Based on these results, the seeding activity (SA) of the isolate was estimated by the Spearman's approach to be $10^{10.97}$ SA₅₀ per gram. The bioassay end point titration data of the same isolate in tgBov indicated an infectious titre of $10^{7.7}$ LD₅₀ per gram. Taking into account the 4 fold lesser amount of material used to seed a PMCA reaction in comparison to the material used in mouse inoculations, these results support the contention that PMCA protocol we used was 465 times more sensitive than bioassay in tgBov mice for the detection of vCJD prions.

PMCA results in control and vCJD affected patients

Based on these results, 1/10 dilutions series of the 10% homogenates were prepared from the tissues collected in vCJD affected and non-vCJD control patients (table 3) before being subjected to four PMCA amplification rounds. After each amplification round, the PMCA reaction products were tested for the presence of PrP^{res} by Western Blot (table 4 and figure 2). None of the reactions seeded with tissues from the non-CJD controls were found to be positive (table 4). In contrast, the PMCA reactions seeded with numerous tissues from the

four symptomatic vCJD patients were found to be positive for PrP^{res} (table 4- figure 2). As expected, among the tested tissues the brain homogenates (temporal cortex) showed the highest seeding activity (last PrP^{res} positive dilution 10⁻⁸). All the tested lymphoid organs also displayed seeding activity, but the last tested PMCA positive dilution varied according to the tested organs from 10⁻² (thymus) to 10⁻⁶ (distal ileum and tonsil). Moreover, for a given lymphoid organ, up to 10² fold differences were observed in seeding activity depending on the patient and sample tested. Taken together these data indicate that in symptomatic vCJD patients the lymphoid organs contain between 10² and 10⁶ fold less prion seeding activity than the same amount of brain tissue (table 4).

In the four symptomatic vCJD patients PrP^{res} was observed in reactions seeded with salivary gland, adrenal gland, liver and bone marrow (figure 2 and 3). According to the last dilution showing a seeding activity, the vCJD agent in these tissue was 10³ to 10⁶ fold lower than in the brain. PrP^{res} was also detected in the PMCA reactions seeded with heart, liver, kidney, skeletal muscle, several endocrine/exocrine glands (pancreas, thyroid) and the gonads, from some, but not all, of the clinical vCJD patients. Where positive, these tissue contained a level of vCJD seeding activity that was equivalent to those observed in distal ileum (*i.e* 10³ to 10⁶ fold lower than in the brain). Whichever the tissue used to seed the PMCA reactions, the PrP^{res} western blot profile in positive reactions were indistinguishable from that observed in reactions seeded with the vCJD brain control (figure 3).

Analysis of tissues from an asymptomatic vCJD-infected individual

No prion seeding activity was detected in the temporal cortex of this asymptomatic vCJD infected patient, who was a *PRNP* codon 129 heterozygote (Met/Val₁₂₉) (12) (table 4, figure 2). PMCA reactions seeded with the dorsal root ganglia or trigeminal ganglia homogenates

from this patient were also negative. However, a low seeding activity was detected in the pituitary gland (last PrP^{res} positive dilution 10⁻² dilution). Additionally, as with the symptomatic vCJD patients, PMCA amplification readily detected the presence of vCJD prions in all the tested lymphoid organs in this asymptomatic individual. According to the PMCA results, the vCJD agent load in lymphoid organs in this *PRNP* codon 129 Met/Val asymptomatic patient were similar to those observed in the Met/Met₁₂₉ patients at the clinical stage of the disease. Beside the lymphoid organs, prion seeding activity was present in certain peripheral tissues from this patient (notably salivary gland, lung and liver) (table 4, figure 2 and 3). Strikingly, certain tissues that contained a substantial prion seeding activity in the clinically affected patients (such as bone marrow or the adrenal gland) were found to be negative. Here too, whichever the tissue used to seed the PMCA reactions, the PrP^{res} WB profile observed in positive reactions was similar to the PrP^{res} WB profile in reaction seeded with the control vCJD brain (figure 3).

vCJD infectivity in bone marrow

In order to confirm that the presence of PMCA seeding activity in peripheral tissues of vCJD patients correlated to the presence of infectivity, the bone marrow samples from the symptomatic patients used in PMCA experiments were inoculated to tgBov mice. A clinical TSE was observed in mice that were inoculated with the four bone marrow samples. The PrP^{res} western blot profile and the PrP^{res} distribution pattern as assessed by PET Blot in the brain of the bone marrow- inoculated mice were identical to the one observed in tgBov mice inoculated with the vCJD brain control (figure 4).

The data collected in mice inoculated with the bone marrow samples were also used to estimate prion infectivity levels in these samples. For this purpose, we applied the method developed by Arnold *et al.* (17). The approach combines the probability of survival (attack

rate) and the individual mouse incubation period to provide an estimation of the infectious titres. Data corresponding to endpoint titration in tgBov mice of the reference vCJD isolate (temporal cortex from clinical vCJD patients) (table 1) were used to derive the relationship between the prion titre of inoculum and the probability of infection and the length of the incubation period (figure 5). According to this model the bone marrow samples displayed an infectious titre that estimated to range between $10^{2.28}$ and $10^{4.72}$ LD₅₀/g in tgBov (table 5). These values are consistent with a 10^3 to 10^5 lower infectivity load in bone marrow samples than in the reference vCJD brain isolate. Interestingly, in keeping with the PMCA results (table 4), the prion load in bone marrow samples (last PrP^{res} positive dilution 10^{-3} to 10^{-5}) were also 10^3 to 10^5 folds lower than in this reference vCJD isolate (last PrP^{res} positive dilution 10^{-8}). Taken together these results strongly support the contention that the PMCA seeding activity provides a reliable estimate of the prion load in the tissues of vCJD-infected patients.

Discussion

While most of the previous investigations carried out on tissue from vCJD patients failed to identify consistent accumulation of the vCJD agent outside the nervous and the lympho-reticular systems, the data obtained in this study demonstrate the presence of vCJD prions in a wide and unexpected variety of peripheral tissues.

Natural scrapie and experimental BSE in sheep are two models of orally transmitted prion diseases (24, 25). In both diseases, the agent accumulates in the lympho-reticular system and in the enteric nervous system during the early preclinical phase of the incubation period. Moreover, an early and persistent prionemia is observed in infected but asymptomatic animals (26, 27). These features were also observed in human vCJD and together with the origin of vCJD (oral exposure to BSE agent), these similarities progressively led to the consensus that BSE/scrapie in sheep and vCJD in human share a common pathogenesis (28).

While the presence of vCJD prions in a variety tissues like bone marrow, kidney, salivary gland, the skeletal muscle, the pancreas, the liver or the heart could seem surprising at first glance, each of these tissue was demonstrated to accumulate prion infectivity and/or abnormal prion protein in TSE infected sheep (29-33).

The *PRNP* codon 129 Met/Val case included in this study is one of only two asymptomatic vCJD-infected individuals who died before the onset of any clinical symptoms of vCJD, and the only case with consent to sample autopsy tissues for research. In this patient, all previous investigations failed to reveal the presence of abnormal prion protein or infectivity in the brain (12, 34). The results we obtained using the cerebral cortex, the dorsal root ganglia and the trigeminal ganglia of this patient, as PMCA seeds are consistent with a lack of CNS involvement by the vCJD agent at the time of death. However, the presence of PMCA seeding activity in the pituitary gland is perhaps surprising in this context.

The presence of abnormal prion protein accumulation in the pituitary gland and other circumventricular organs prior to deposition of PrP^{res} in surrounding brain is a phenomenon that has been reported in TSE infected sheep(35). However, this phenomenon in animals does not seem to represent the main route for neuro-invasion and it is a likely consequence of hematogenous dissemination of the TSE agent through the fenestrated capillary system of the circumventricular organs that is substantially more permeable than the other capillaries in the brain (the “blood-brain barrier”). This finding may therefore be a consequence of the likely haematogenous route of vCJD infection in this individual, via transfusion of packed red blood cells from a vCJD-infected donor, in contrast to a likely oral route of infection in the clinical vCJD cases. (12)

vCJD prions were detected in some peripheral tissues that had been collected in this *PRNP* codon 129 Met/Val patient. However, if the distribution of the vCJD seeding activity in the lymphoreticular tissues was similar to the one observed in the symptomatic vCJD patients, a number of tissues that had been found positive in clinically affected patients were negative in this patient. These findings suggest that the involvement of certain peripheral tissues might occur at a later stage in the incubation period than the one reached by this patient and/or could involve a recirculation of the agent from the CNS (*i.e* centrifugal spread at a late state).

However, we cannot discount the possibility that that these differences in tissue distribution are due to either the likely haematogenous route of infection in this individual (as opposed to the likely oral route in the clinical vCJD cases) or the difference between the *PRNP* codon 129 genotype of the asymptomatic vCJD infected individual (*PRNP* codon 129 Met/Val) and the clinical vCJD cases (*PRNP* codon 129 Met/Met)

Irrespective of the explanation for these differences, the presence of vCJD agent in peripheral tissues of patients at both preclinical and clinical stage of the disease raises the potential iatrogenic transmission of this fatal neurological condition by medical procedures.

Furthermore, it shows that for certain peripheral tissues end stage titre (and attendant risk) is reached at a pre-clinical stage.

Several hundred iatrogenic cases of CJD have been reported worldwide. These cases appear to result from the transmission of sporadic CJD (sCJD) and most cases have occurred in the recipients of human dura mater grafts or the administration of human growth hormone extracted from cadaveric pituitaries (36). While in sCJD the distribution of the agent is mainly restricted to the nervous system (central and peripheral), the wide distribution of the vCJD agent in asymptomatic but infected patient we described increases the potential number of medical procedures that might result in the iatrogenic transmission of vCJD (dentistry, organ transplant, surgery involving non-disposable equipment) (37-40).

Nevertheless, more than 20 years after the identification of the first vCJD patient, only five cases that are a likely consequence of an iatrogenic vCJD transmission have come to light, all in the UK. These cases were due to either the transfusion of non-leukodepleted red cell concentrates or the treatment with large volumes of pooled UK plasma that included donations from individuals who later developed vCJD (12, 41-43). None of the 220 other vCJD cases identified worldwide have been linked to any other medical or dental procedure.

This limited number of vCJD secondary cases identified so far is certainly reassuring.

However, it would be unwise to disregard the threat that vCJD still represents for public health. Despite the relatively low number of vCJD clinical cases observed so far (n=178) in the United Kingdom, the most recent epidemiological studies indicate that, 1 out 2000 people in the UK could carry the vCJD agent (as judged by the presence of abnormal prion protein

detected by immunohistochemistry in lymphoid follicles in the appendix). Each asymptomatic vCJD-infected person represents a potential source of secondary transmission of the disease. In that context, the data we reported here offer an opportunity for refining the measures that were implemented in many countries to limit the risk of vCJD iatrogenic transmission occurrence. The apparent concordance of PMCA biochemical and infectivity bioassay data, and the higher analytical sensitivity of the PMCA assay suggest that future research in this area need not rely exclusively on time-consuming and costly animal bioassay. Our results clearly highlight the need for vCJD screening assays. After more than a decade of effort several vCJD blood detection tests have reached a stage in their development that could permit their evaluation as screening or confirmatory assays (11, 44, 45). Beyond the ethical issues that the application of a vCJD screening test would represent (in the absence of any treatment and the difficulty to confirm a positive test by another methodology in reasonable time), such assays probably represent the most rational solution for addressing vCJD iatrogenic transmission risks.

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Biographical Sketch

Jean Yves Douet is assistant lecturer in Ophthalmology at the National Veterinary School of Toulouse and member of the TSE research group in the UMR INRA ENVT 1225 unit. His primary research interests are the pathogenesis of the prion disease with special emphasis on the iatrogenic risk of transmission.

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459 **Table 1:** Endpoint titration of a reference vCJD isolate (10% weight volume frontal cortex homogenate) in mice expressing the bovine PrP
460 (tgBov)
461

Dilution	Transmission in tgBov	
	Pos mice	Incubation (mean±SD)
neat	6/6	249±2 days
10 ⁻¹	6/6	283±15 days
10 ⁻²	6/6	316±21 days
10 ⁻³	6/6	342±10 days
10 ⁻⁴	6/6	453±66 days
10 ⁻⁵	2/6	479, 495 days*
10 ⁻⁶	1/6	502 days*
10 ⁻⁷	0/6	>700 days

462
463 A 10% weight/volume homogenate was prepared using frontal cortex from a clinically affected vCJD patient. Groups of 6 tgBov mice were
464 intracerebrally inoculated with 20µL of successive 1/10 dilutions of this homogenate. Mice were considered positive when abnormal PrP
465 deposition was detected in the brain. Incubation periods are presented as mean +/-SD, except for those marked (*) indicating dilutions in which
466 less than half of mice were scored as positive.
467
468

469 **Table 2:** Endpoint titration of the PMCA seeding activity in a reference vCJD isolate

470

Amplification round	Reference vCJD 10% brain homogenate dilution series number of positive PMCA reactions								
	10 ⁻²	10 ⁻³	10 ⁻⁴	10 ⁻⁵	10 ⁻⁶	10 ⁻⁷	10 ⁻⁸	10 ⁻⁹	10 ⁻¹⁰
1	6/6	6/6	0/6	0/6	0/6	0/6	0/6	0/6	0/6
2	6/6	6/6	5/6	3/6	0/6	0/6	0/6	0/6	0/6
3	6/6	6/6	6/6	6/6	3/6	0/6	0/6	0/6	0/6
4	6/6	6/6	6/6	6/6	6/6	5/6	2/6	0/6	0/6
5	6/6	6/6	6/6	6/6	6/6	5/6	2/6	0/6	0/6
6	6/6	6/6	6/6	6/6	6/6	5/6	2/6	0/6	0/6

471

472 10% weight/volume homogenate was prepared using frontal cortex from a symptomatic vCJD patient (using the same homogenate as in table 1).
 473 Samples were serially 1/10 diluted (10⁻² to 10⁻¹⁰) before being used for seeding PMCA reactions. Six individual replicates of each sample dilution
 474 were tested. The PMCA substrate was prepared using brains from transgenic mice over-expressing the ARQ variant of the sheep prion protein.
 475 Reactions were then subjected to 6 amplification rounds, each composed of 96 cycles (10s sonication-14 minutes and 50 seconds incubation at
 476 39.5°C) in a Qsonica700. After each round, (i) reaction products (1 volume) were mixed with fresh substrate (9 volumes) to seed the following
 477 round while (ii) a part of the same product was analysed by Western Blot (WB) for the presence of PK resistant PrP (PrP^{res} -antibody Sha31
 478 epitope YEDRYRE). The number of PrP^{res} WB positive replicates corresponding to each round and each dilution are reported.

479

480

481 **Table 3:** Characteristics of the patients included in the study
482

Patient Identifiant	Diagnosis	Gender	Year of death	Age at death	Disease duration	PRNP codon 129	PRNP mutations
vCJD-1	vCJD	M	1999	33 years	18 months	MM	No mutations detected
vCJD-2	vCJD	F	2000	17 years	18 months	MM	No mutations detected
vCJD-4	vCJD	M	2000	26 years	10 months	MM	No mutations detected
vCJD-3	vCJD	M	2001	26 years	10 months	MM	No mutations detected
vCJD-A	Asymptomatic vCJD	F	2004	82 years	N/A	MV	No mutations detected
NC-1	Not CJD (tumour, infarction, ischaemia)	F	2005	85 years	N/A	MM	No consent for sequencing
NC-2	Not CJD (Alzheimer’s disease, infarction, ischaemia)	F	2010	80 years	N/A	MM	No mutations detected

486 **Table 4:** Results of Protein Misfolding Cyclic Amplification reactions seeded with tissue homogenate from vCJD infected and control patients

Tissue	vCJD clinical (Met ₁₂₉ /Met ₁₂₉)				vCJD preclinical (Met ₁₂₉ /Val ₁₂₉)	Non vCJD controls (Met ₁₂₉ /Met ₁₂₉)	
	vCJD-1	vCJD-2	vCJD-3	vCJD-4	vCJD-A	NC-1	NC-2
Frontal cortex	10 ⁻⁸	10 ⁻⁸	10 ⁻⁸	10 ⁻⁸	neg	neg	neg
Pituitary gland	N/A	N/A	N/A	N/A	10 ⁻²	neg	neg
Trigeminal ganglia	N/A	N/A	N/A	N/A	neg	neg	neg
Dorsal root ganglia	N/A	N/A	N/A	N/A	neg	neg	neg
Cervical Lymph node	10 ⁻⁵	10 ⁻⁴	10 ⁻⁴	10 ⁻³	10 ⁻⁴	NA	NA
Tonsil	10 ⁻³	10 ⁻⁴	10 ⁻⁶	10 ⁻³	10 ⁻³	NA	neg
Appendix	10 ⁻⁴	10 ⁻⁴	10 ⁻⁴	10 ⁻³	10 ⁻²	neg	neg
Distal Ileum	10 ⁻³	10 ⁻⁵	10 ⁻⁵	10 ⁻²	10 ⁻³	neg	neg
Spleen	10 ⁻⁴	10 ⁻⁴	10 ⁻⁵	10 ⁻⁴	10 ⁻³	neg	neg
Thymus	NA	10 ⁻³	10 ⁻²	10 ⁻²	10 ⁻²	NA	NA
Lung	10 ⁻²	10 ⁻²	neg	neg	10 ⁻³	neg	neg
Heart	10 ⁻²	10 ⁻²	neg	neg	neg	neg	neg
Liver	10 ⁻⁴	10 ⁻²	10 ⁻²	10 ⁻⁴	10 ⁻²	neg	neg
Kidney	10 ⁻²	10 ⁻³	neg	10 ⁻³	neg	neg	neg
Salivary gland	10 ⁻⁴	10 ⁻³	10 ⁻²	10 ⁻³	10 ⁻²	neg	neg
Pancreas	10 ⁻²	neg	10 ⁻²	10 ⁻⁴	neg	neg	neg
Thyroid	10 ⁻²	neg	10 ⁻²	10 ⁻²	neg	neg	neg
Adrenal gland	10 ⁻³	10 ⁻³	10 ⁻³	10 ⁻⁴	neg	neg	neg
Bone marrow	10 ⁻⁴	10 ⁻⁵	10 ⁻³	10 ⁻⁴	neg	neg	neg
Skeletal muscle	10 ⁻⁴	10 ⁻²	neg	N/A	neg	neg	neg
Testis	neg	NA	neg	10 ⁻³	N/A	N/A	N/A
Ovary	N/A	10 ⁻⁴	N/A	N/A	N/A	N/A	N/A

487 PMCA reactions were seeded with ten-fold serial dilutions of vCJD 10% tissues homogenates (10^{-2} to 10^{-9}) that had been collected post mortem
488 in symptomatic vCJD patients (vCJD-1 to vCJD-4) or an asymptomatic vCJD-infected individual (vCJD-A). At least four replicates of each
489 sample dilution were tested in two independent PMCA runs.
490 vCJD-1 to vCJD-4 were homozygous for methionine at codon 129 of the *PRNP* gene. Patient vCJD-A was heterozygous (methionine/valine) at
491 codon 129 of the *PRNP* gene. The PMCA substrate was prepared using brains from transgenic mice over-expressing the ARQ variant of the
492 sheep prion protein. Reactions seeded with tissues from two non-vCJD infected control patients (NC-1 and NC-2) were included as controls.
493 PMCA reactions were then subjected to 4 amplification rounds each comprising 96 cycles (10s sonication-14 minutes and 50 seconds incubation
494 at 39.5°C) in a Qsonica700. The PMCA reactions were analysed by Western Blot (WB) for the presence of PK resistant PrP (PrP^{res} -antibody
495 Sha31 epitope YEDRYYYRE). The last positive dilution that resulted in a positive WB signal in at least half of the tested replicates after 4 PMCA
496 amplification rounds is reported in the table. N/A denotes not applicable. Neg denotes negative.
497
498

499 **Table 5:** Bone marrow sample bioassay in bovine PrP expressing mice (tgBov)

500

case	Transmission in tgBov		Infectious titer (LD ₅₀ /g) Mean – (CI 95%)
	Positive/inoculated mice	Incubation (mean±SD)	
vCJD-1	5/5	458±37 days	10 ^{3.05} (10 ^{2.62} -10 ^{3.49})
vCJD-2	6/6	373±35 days	10 ^{4.72} (10 ^{4.26} -10 ^{5.18})
vCJD-3	4/6	504±10 days	10 ^{2.28} (10 ^{1.83} -10 ^{2.71})
vCJD-4	6/6	447±91 days	10 ^{3.98} (10 ^{3.44} -10 ^{4.54})
PBS control	0/6	>600 days	N/A

501

502 Bone marrow from four symptomatic vCJD patients (see table 3) was inoculated intracerebrally (IC) into 6 tgBov mice (20μL per mouse). One
 503 mouse (inoculated with vCJD-1) died within the first few days following IC inoculation. Mice were euthanized when they showed clinical signs
 504 of prion infection or after 600 days post inoculation. Mice were considered prion infected when abnormal PrP deposition was detected in brain.
 505 Infectious prion titres were estimated using the method developed by Arnold *et al.* (17). The model uses both the probability of survival (attack
 506 rate at each dilution) and the individual mouse incubation periods at each dilution to estimate the infectious load. Infectious titres are given as the
 507 most likely value and, in parentheses, the lower and upper limits of the 95% confidence intervals.

508

Figures:

Figure 1: PMCA amplification of vCJD agent

PMCA reactions were seeded with 1/10 dilution series of a reference vCJD brain homogenate (10% weight / volume -10⁻² to 10⁻¹⁰ dilution). This homogenate has been endpoint titrated by bioassay in bovine PrP expressing mice (tgBov, intracerebral route – 10^{7.7} DL₅₀/g). PMCA substrate was prepared using brains from transgenic mice over-expressing the ARQ variant of the sheep prion protein. Unseeded reactions were included as specificity control. PMCA reactions were then submitted to 6 amplification rounds each constituted with 96 cycles (10s sonication-14 minutes and 50 seconds incubation at 39.5°C) in a Qsonica700. After each round, (i) reaction products (1 volume) were mixed with fresh substrate (9 volumes) to seed the following round while (ii) a part of the same product was analysed by Western Blot (WB) for the presence of abnormal PK resistant PrP (PrP^{res} -antibody Sha31 epitope YEDRYYYRE). On each gel a scrapie in sheep isolate was used as control (WB control).

Figure 2: vCJD Protein Misfolding Cyclic Amplification in peripheral tissues

PMCA reactions were seeded with ten-fold dilution series of vCJD tissues homogenates (10⁻² to 10⁻⁹) that had been collected post mortem in vCJD-infected patient at clinical stage or preclinical stage of the disease. At least four replicates of each sample dilution were tested in two independent PMCA runs. Patients (a) vCJD-1, (b) vCJD-2, (c) vCJD-3 and (d) vCJD-4 were at clinical stage of the disease when they deceased. These four patients were homozygotes Methionine at codon 129 of the *PRNP* gene. Patient (e) vCJD-A died while at the preclinical stage of the disease. This patient was heterozygous Methionine/Valine at codon 129 of the *PRNP* gene.

PMCA substrate was prepared using brains from transgenic mice over-expressing the ARQ variant of the sheep prion protein. Unseeded reactions and reaction seeded with tissues from two non-vCJD infected control patients (NC-1 and NC-2 see table 3) were included as specificity control. PMCA reactions were then subjected to 4 amplification rounds each constituted with 96 cycles (10s sonication-14 minutes and 50 seconds incubation at 39.5°C) in a Qsonica700. After each round, (i) reaction products (1 volume) were mixed with fresh substrate (9 volumes) to seed the following round while (ii) a part of the same product was analysed by Western Blot (WB) for the presence of abnormal PK resistant PrP (PrP^{res} - antibody Sha31 epitope YEDRYYYRE). For each round, the last dilution displaying a positive WB signal in at least half of the tested replicates is indicated on the graph. (○): round 1 - (▽) : round 2 - (△): round 3 - (■): round 4.

Figure 3: PrP^{res} WB detection in PMCA reactions seeded with peripheral tissues

PMCA reactions were seeded with ten-fold dilution series (10^{-2} to 10^{-9}) of vCJD tissues homogenates that had been collected post mortem in vCJD-infected patient at clinical stage (symptomatic vCJD case 1 to vCJD case 4) or preclinical stage of the disease (vCJD asymp.) (see table 2). Reactions seeded with tissues from two non-vCJD patients (see table 2) and unseeded PMCA reactions were included as specificity controls. Reactions were then subjected to 4 amplification rounds each constituted with 96 cycles (10s sonication-14 minutes and 50 seconds incubation at 39.5°C) in a Qsonica700. The PMCA reactions were analysed by Western Blot (WB) for the presence of abnormal PK resistant PrP (PrP^{res} -antibody Sha31 epitope YEDRYYYRE). On each gel (i) a scrapie in sheep isolate and a vCJD reference isolate were used as control (WB cont.).

556 For the seven presented tissues (frontal cortex, appendix, lung, liver, salivary gland, pancreas
557 and bone marrow) the dilution of the tissues homogenates used to seed the PMCA reactions is
558 indicated below the immunoblots.

559

560

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Figure 4: PrP^{res} detection by Western Blot (WB) and Paraffin Embedded Tissue blot (PET blot), in the brain of transgenic mice expressing the bovine-PrP (tgBov).

(a) PrP^{res} WB of (i) a vCJD isolate (frontal cortex) and of tgBov mice (brain) inoculated with (ii) the same vCJD reference isolate or (iii) with bone marrow samples from vCJD affected patients(vCJD 1 to 4 see table 2) and non vCJD control (NC-1, see table 2). On each gel a scrapie isolate (WB cont.) and a non-inoculated tgBov brain homogenate were included as controls. PrP^{res} immunodetection was carried out using Sha31 monoclonal antibody (epitope: ₁₄₅YEDRYYYRE₁₅₂) and 12B2 epitope (epitope ₈₉WGQGG₉₃).

(b) PET blot PrP^{res} distribution in coronal section (thalamus level) of tgBov mice inoculated with a reference vCJD isolate (10% brain homogenate) or bone marrow (10% tissue homogenate) from two vCJD patients at clinical stage of the disease (vCJD-1 and vCJD-3 see table 2). PrP^{res} immunodetection was carried out using Sha31 monoclonal antibody (epitope: ₁₄₅YEDRYYYRE₁₅₂). Bar: 120µm.

Figure 5: Dose-response relationship for the incubation period and probability of infection of bovine PrP expressing mice.

Data derived from an endpoint titration of 10% weight/volume frontal cortex homogenate from a vCJD affected patient in tg Bov mice (20µL intracerebral route, see table 1) were used to establish a model that estimate the infectious titre in an homogenate based on the incubation period and the probability of infection in inoculated mice (model is solid line, observed values given by crosses).